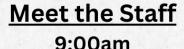
Orchard Park Senior Center

OpenHouse!

Tuesday, August 27th 8:30am-3:00pm

4520 California Rd



Join us over a cup of coffee to learn about joining the center!

Tour the Center

9:30am, 10:30am, 11:30am, 12:30pm, 1:30pm

Tour our facility and learn about all we have to offer!



12-1pm

Enjoy a free hot dog, snack and drink!

Meet our Art Instructor <u>Dan Meyer</u>

from 12:30 - 1:30pm

Entertainment

1-3pm

Bring those dancing shoes and enjoy entertainment from the Brother James Band!



2-4pm

Meet our instructors and participate in various demonstrations!

9-9:30	Men's Fitness	Rm 158	with Trish
9-9:30	Gentle Hatha Yoga	Rm 156	with Barb
9:30-10	Cardio Drumming	Rm 158	with Marilyn
10-10:30	Zumba	Rm 156	with Marilyn
10:30-11	Stretch and Barre	Rm 156	with Jenifer
11-11:30	Intermediate Line Dance	Rm 158	with Gloria
11:30-12	20.20.20	Rm 158	with Marilyn
11:45-12:15	Hula Hoop	Rm 156	with Lesta
12:30-1	Beginner Line Dance	Rm 158	with Sandy
3-3:30	Uma Mooves	Rm 158	with Uma

Open Pickleball - All are Welcome